



Chaffee County Mental Health Provider List

Last updated February 22, 2017

Their beginning. **Our future.**

Emergency services information provided by Solvista Health Center

- Solvista Health Center provides 24 hour emergency services FREE of charge to anyone in Chaffee County, REGARDLESS of whether or not that person is actively enrolled in their services. To access this support service or to offer it to someone who needs help, please encourage them to call [719-539-6502](tel:719-539-6502).
- If you call during business hours and are in need of urgent support or assistance, please identify to the individual answering the phone that this is an emergency, and they will alert their emergency team immediately.

Chaffee County Early Childhood Council (CCECC) conducted a survey of mental health providers in Chaffee County. Every effort was made to identify and contact all providers in the county for their input. The information provided in this list was submitted by the providers themselves. Only providers who agreed to be listed are included. This list should not be construed as an endorsement for any one or all of providers listed.

Professional Abbreviation Key

CAC-Certified Addictions Counselor (I, II, or III)	LPC-Licensed Professional Counselor
CGP-Certified Group Psychotherapist	LPCC-Licensed Professional Counselor Candidate
LAC-Licensed Addiction Counselor	MA-Master of Arts
LCSW-Licensed Clinical Social Worker	MSW-Master of Social Work
LMFT-Licensed Marriage and Family Therapist	N.C.C.-National Certified Counselor

Treatment Abbreviation Key

EMDR-Eye Movement Desensitization & Reprocessing	TF-CBT-Trauma Focused-Cognitive Behavioral Therapy
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Chaffee County Mental Health Provider Resource List

Name	Office Address & Phone Number	Insurance	Services Provided	Serve Children Prenatal-age 8	Specialized Training Working with Young Children and Their Parents
Aberg- Maes, Jeannine, LMFT	123 G St, Suite 6 Salida, CO 81201 719-239-0940	Aetna, Anthem BC/BS, Anthem EAP, Anthem Federal Insurance, Cigna, Cigna EAP, Cofinity, Colorado Choice Health Plans, Colorado Health Co-op, Comp Psych EAP, Golden Rule, Health Affiliate EAP, Medicaid CHP +, Magellan, Magellan EAP, Military One Source EAP, Mines EAP, New directions EAP, Optum, Optum EAP, Pacific Care, Rocky Mountain Health, Sandy Creek, Sloans Lake, Tricare (military), United Health Care, United Behavioral Health, and Umr/CEBT. Single case agreements with most insurances. Also self pay and sliding scale.	Licensed marriage, family, child therapist. Provide individual, couples and family psychotherapy.	Yes-with their parents (prenatal to postpartum).	Play therapy and family therapy license.
Blue Water Counseling Appel, Rhianna LPCC Begner, Henry LPCC	301 E Main Street Unit #23 Buena Vista, CO 81211 719-966-5061 www.bluewatercounseling.org	In lieu of accepting insurance, we offer our services on an affordable sliding scale. We will likely start accepting insurance soon. Please check our website for payment update.	We offer mental health evaluation and treatment services. We will work with children, adults, couples and families. We specialize in Wilderness Therapy, utilizing nature in the therapeutic process. Additionally, we offer a mindful parenting group.	Yes	We practice a holistic, trauma informed, mindfulness based therapy that is grounded in Attachment and Family System Theories. We often utilize play, art, and wilderness therapy approaches when working with children.

<p>Crest Counseling Services</p> <p><i>Little, Kat LPC, CACII</i></p>	<p>448 E 1st St, #226 Salida, CO 81201 719-207-4163</p> <p>www.crestcounselingservices.com</p>	<p>Aspen Pointe, Blue Cross Blue Shield EAP, Chaffee County EAP, and Medicaid. Also self pay and sliding scale.</p>	<p>EMDR, parenting support, family therapy, couples therapy, individual and group therapy, substance abuse counseling.</p>	<p>Yes</p>	<p>Providing substance misuse and mental health counseling services in both Salida and Buena Vista.</p>
<p>Dickson, Laura, MA, LPC</p>	<p>Life's Gate Counseling 448 E. 1st Street, Suite 208 Salida, CO 81201 719-966-8099</p> <p>www.lifegatecounseling.com</p>	<p>Aetna, Behavioral Health Services (BHS), Cigna, Colorado Choice Health Plans, CHP+, CompPsych, Medicaid Beacon/Value Options, Mines and Associates EAP, Multiplan, Three Rivers, TRICARE, and self-pay. We continue to add insurance plans, so please call to verify.</p>	<p>EMDR; children, adolescents, and adults; individual, family and group therapy; pregnant and new mothers; parenting support; substance abuse counseling; attachment issues</p>	<p>Yes</p>	<p>Training in Postpartum/Maternal Mental Health; utilize play and art therapy techniques with children; Family Therapy</p>
<p>Harris, Mike, MA, LPC, LAC</p>	<p>448 E 1st St, #226 Salida, CO 81201 719-966-7135</p> <p>www.mikeharrisipc.com</p>	<p>Aetna, Anthem Blue Cross Blue Shield, Aspen Pointe, CEBT, Chaffee County EAP, Cigna, Humana, Kaiser Permanente (only some if through Medicaid), Mines EAP, Magellan EAP, Rocky Mountain Health Plans, United (which includes UBH, UMR), Veterans Affairs, World Trade Center. Also self pay and sliding scale.</p>	<p>EMDR, parenting support, family therapy, couples therapy, individual and group therapy, depression in pregnant and new mothers, substance abuse counseling.</p>	<p>Yes</p>	<p>Co-occurring conditions and family psychotherapy.</p>

Hatcher, Abba <i>MA, LPC</i>	134 F Street, suite 210 Salida, CO 81201 719-580-0678	Aetna, Cofinity, and Mines and Associates EAP	Licensed professional counselor serving individual adults and couples. Working with women in all lifespan-related issues from pregnancy to grief.	Yes-with parents (prenatal to postpartum).	Specialized training: Hakomi mindfulness and somatic-based therapy and contemplative approaches to psychotherapy.
Hervey Duren, Beth <i>MSW, LCSW</i> <i>Bilingual Therapist</i>	216 Crossman St Buena Vista, CO 81211 719-839-0839 http://puravidacounseling.com	Anthem Blue Cross Blue Shield, CHP+, Magellan, Medicaid, United Behavioral Health, United Health Care UMR. EAP provider for Compsyche, Magellan, Profile. Also self pay and sliding scale.	Individual and family therapy, especially with teens and their parents. Experience with depression, anxiety, and other mood disorders; ADHD, sensory processing issues, domestic violence and sexual abuse, trauma, grief and loss, addictions, self harming behaviors, and gender identity issues.	Yes-usually age 4+	Certified Equine Assisted Therapy Specialist, with access to horses in the Buena Vista area. Experience working with parents who have children 0-3 with disabilities.
Lenzini, Terrie, <i>LPC</i>	Crossroads Counseling of the Rockies 28350 CR 317, #11 Buena Vista, CO 81211 719-395-4673	Self pay. Provide billing invoice to clients for insurance reimbursement.	Parenting skills, communication skills, art therapy, knowledge with single parent families, play therapy, individual and family counseling.	Yes	Classes offered during counseling program. Art therapy seminar taken. Attachment injury training. Life experience and heart for children population.

<p>Longwell, MaryAnn, MSW, LCSW</p> <p><i>Bilingual Therapist</i></p>	<p>1548 G St, 2A Salida, CO 81201 719-329-4810</p>	<p>Aetna, Anthem Blue Cross/ Blue Shield, Cigna, Colorado Choice Health Plan, CHP+, Cofinity, Humana, Life Sync, Medicaid, Medicare, Optum, Rocky Mtn Health Plan, Tricare, United Behavioral Health. Also self pay and sliding scale.</p>	<p>Prenatal-age 6: Focus is on parenting, attachment and attunement to the child. Age 6-8 (School-age): play therapy interventions, parenting and parent-child interactions, EMDR to address trauma or any distressing life events; depression in pregnant and new mothers.</p>	<p>Yes</p>	<p>LaLeche League Consultant (1980s): advised and counseled pregnant moms and dads; EMDRIA certified therapist for use with any age, including prenatal to birth to infants, etc.</p>
<p>McFadden, Heather, MSW, LCSW</p>	<p>28350 CR 317, #12 Buena Vista, CO 81211 719-966-7629</p>	<p>Anthem Blue Cross/Blue Shield, CHP+, Jorgensen Brooks, Medicaid single case agreements, Mines & Assoc., Optum and United Healthcare UMR. Successful in securing single case agreements with most insurances. Also self pay and sliding scale.</p>	<p>Child, adolescent, and adult therapy. Individual & family therapy, and parenting support. EMDR and TF-CBT trained.</p>	<p>Yes</p>	<p>Play therapy, family therapy, EMDR and TF-CBT. Training on Maternal Mental Health-2015.</p>
<p>McGovern, John, MSW, LCSW</p>	<p>134 F Street Suite 210 Salida, CO 81201 303-506-1834</p>	<p>Aetna, Anthem Blue Cross/Blue Shield, Cigna, Magellan, Optum, United Behavioral Health. Self pay, and will discuss reduced fees with potential clients on an individual basis.</p>	<p>Has worked with children as young as 3 years old; for children younger than 3, majority of work focuses on how parents can best respond to their children in ways which develop healthy attachments. Always</p>	<p>Yes</p>	<p>Experience working with children with depression, anxiety, adjustment issues, grief and loss, physical and sexual abuse, ADD, ADHD, oppositional behaviors and more. Facilitated trainings on parenting & child</p>

			work in conjunction with parents and never with children in isolation.		development, with an emphasis on healthy attachments between children and caregivers.
Papp, Deb, <i>MSW, LCSW, LAC</i>	129 1/2 West 3rd Street, Suite 8, Salida, CO 81021 719-221-3375	Self pay. Other insurances pending.	Individual and group therapy, substance abuse and mental health counseling. Services include: Crisis Intervention, Critical Incident Stress Management, General Mental Health, Mental Health and Substance Abuse Evaluations, Addiction Counseling, Grief and Loss, Victims of Abuse, Assault & Trauma, Co-Occurring Disorders.	No	Work with ages 13 and older utilizing a number of Therapeutic Modalities i.e.: Cognitive Behavioral, Client Centered, Psycho-dynamic, Systems, Solution Focused, Faith-based, Mindfulness, Motivational Interviewing, and Insight-orientated.
Russell, Beth, <i>MA</i>	215 E. 3rd Street Salida, CO 81201 719-239-1961	Self pay	Mental health assessment, psychotherapy for adults, adolescents and couples. Maternal mental health treatment and premarital counseling.	Yes	Training in working with parents and pregnant women.
Sherron, Alice <i>M.S., LPC</i>	111 E. Sterling Ave Buena Vista, CO 81211 719-395-9454	Aetna, Anthem Blue Cross Blue Shield, Cigna, Colorado Choice Health Plans, Rocky Mountain Behavioral Health, United Healthcare, Value Options commercial and Medicaid. Also	Parenting skills; play therapy for child; screening assessment for emotional and behavioral problems.	Yes-with parents (prenatal to postpartum) and children ages 4-8.	Play therapy; childhood abuse; PTSD behaviors.

		self pay and sliding scale.			
Solvista Health Center	111 Vesta Road Salida, CO 81201 719-539-6502 www.solvistahealth.org	Aetna/Cofinity, Anthem, Colorado Choice Health Plans, Beacon/Value Options, Medicaid, Medicare, Rocky Mountain Health Plans, Tricare/UBH/UHC. Also self pay and sliding scale.	Mental health assessment, individual and family therapy, early childhood and adolescent treatment, and psychiatric services.	Yes	Solvista has a specialized team of Master's level clinicians with a variety of training background and experience. Clinicians who work with young children: Julie Anderson, Kelsey McNeil, and Sarai Trujillo.
Straus-Witty, Cheryl, Ph.D	13996 CR 270 Nathrop, CO 81236 719-659-7148 825 N. Weber St. Colorado Springs	Aetna, Anthem Blue Cross Blue Shield, Cigna, Cofinity, Colorado Choice Health Plans, Humana, Kaiser, Medicare, Tricare, United Behavioral Health, and Value Options. Also self pay and sliding scale.	Psychological evaluations, individual psychotherapy, play therapy.	Yes	Trained as a child psychologist and child and adolescent and adult psychoanalyst.
Watson, Helene, LPC	123 G St Suite 8 Salida, CO 81201 719-221-6937 www.helenewatson.com	Anthem Blue Cross/Blue Shield, Rocky Mountain Health Plan, Colorado Choice, Cigna, and United Health. Medicaid single case agreements, and out of pocket payment.	Work with children, adolescents, adults, families and groups on a variety mental health issues. These include depression, bipolar, schizophrenia, anxiety, post traumatic stress,	Yes	Trained in play therapy, and 20 years of experience of child/family work.

			parenting, family relationships, chronic physical ailments, and substance use problems.		
Winter, Patricia, <i>Ph.D, Licensed Psychologist</i>	502 Antero Circle, #1 Buena Vista, CO 81211 719-395-8200 719-239-0765	Aetna, Anthem Blue Cross Blue Shield, Averde Health, Cascade EAP, Cigna, Cofinity, Colorado Choice Health Plans, Humana, Medicare, Morneau Shepell EAP, Mines & Associates, Multiplan, Optum, Rocky Mountain Health Plan, Tricare, United Healthcare, and Value Options. Also self pay.	Individual or couples counseling for adults. Issues include stress management, postpartum depression, communication skills improvement, chronic health issues.	Yes	Doctor of Philosophy (PhD) in Psychology, Continuing Education Seminar on couples counseling in 2010. Continuing Education on maternal mental health in 2015/2016.
Vold, Michelle, <i>M.A., LPC</i>	Life's Gate Counseling 448 E. 1st Street, Suite 208 Salida, CO 81201 719-966-8099 www.lifegatecounseling.com	Behavioral Health Services (BHS), Colorado Choice Health Plans, CHP+, ComPsych, Magellan, Medicaid Beacon/Value Options, Mines and Associates EAP, Multiplan, Optum/United (UBH and UMR), Three Rivers, TRICARE, and self-pay. We continue to add insurance plans, so please call to verify.	EMDR; parenting support; children, adolescents, and adults; pregnant and new mothers; individual, family and group therapy; attachment issues	Yes	Training in Postpartum/Maternal Mental Health; utilize play and art therapy techniques with children; Family Therapy
Vonderhaar, Lisa, <i>Ph.D, Licensed Psychologist</i>	10291 Chippewa Circle Salida, CO 81201 (970) 531-0574 www.drzonderhaar.com	Aetna, Anthem BC/BS, Beacon (Value Options), ChoiceCare, CIGNA, Cofinity, EAP Consultants, Jorgensen Brooks, LifeSynch, Magellan Beh Health, Medicare, Mines & Assoc, PHCS/Multiplan, New Directions, Optum, Profile EAP, Rocky Mountain Health Plan, Second Wind, TRICARE, United	Individual, Couples, Family Therapy, EMDR, Parenting Support	Yes-with parents (prenatal to postpartum) and in family therapy.	Post-doctoral internship with children & adolescents. Attachment therapy training. ADD training. EMDR 1 & 2. Taught parenting classes, most recently the Incredible Years

		Behavioral Health/UHC, UMR/CEBT. Also self pay and sliding scale.			program. Couples Therapy training. 30+ years working with children as young as 3 y/o including sandtray training.
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